

We are excited to announce that we will re-open

**WEDNESDAY, SEPTEMBER 9, 2020**

Over the course of the next week, we will ensure our facility meets all of the safety requirements recommended by the New Jersey Department of Health . In addition, time will be spent training our staff on the NEW safety and sanitization protocols.

**We look forward to seeing you soon!**

Adjusted Hours of Operation

Monday - Friday 5<sup>AM</sup> - 9<sup>PM</sup>

Saturday - Sunday 7<sup>AM</sup> - 5<sup>PM</sup>

**PEAC**

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## WHAT TO EXPECT WHEN YOU ARRIVE...

It has been a long 5 1/2 months since we had to close and we are looking forward to seeing you. However, we want to re-assure you that your health and safety is a top priority, and we have taken extensive steps to provide you with a safe and comfortable experience. In doing so, and in accordance with the CDC and NJ Department of Health regulations and guidelines, we would like to make you aware of a few changes you may expect to experience:

- > Each member and employee will be screened upon entering the facility. In addition to a temperature check, everyone will need to verify that they have not come into contact with any one known to be infected with COVID-19 within the previous 14 days. Anyone with a temperature over 100.3 degrees or exhibiting flu-like symptoms will not be permitted to use the club and will be encouraged to seek medical attention.
- > Everyone MUST have a facecovering on the entire time they are inside the facility.
- > Social distancing is required in all areas of the facility.
- > Strength equipment has been repositioned to provide ample space between individuals.
- > Certain cardio pieces have been removed or 'taken out of service' to provide a minimum of 6 feet to achieve safe physical distancing.
- > Markings have been placed on the floor of the group exercise studio and basketball court for all group class participants to observe. All Group Exercise classes will require a reservation.

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- > All PEAC staff will act as 'Physical Distancing Ambassadors' throughout the club to ensure a positive member experience for all.
- > Members are requested to wipe down all equipment before and after use.
- > PEAC staff will be sanitizing all touch points, equipment, door handles, throughout the day.
- > Arrive to PEAC dressed and ready to workout, train, take a class or participate in a program. Bring your own water bottle, workout towel, exercise mat and/or any other equipment you may need.
- > Water fountains will not be in service.
- > Lockers can be used with limited capacity maintaining social distancing. Showers, steam room and sauna use are not permitted.
- > We will continue to offer outside classes for as long as weather permits. Due to occupancy restrictions, Studio 1 and Studio 3 will not be used for Group Exercise classes, we will be relocating strength equipment into these rooms to allow additional spacing on the main exercise floor. Studio 2 will remain in use with limited capacity. Large Group Exercise classes such as Spin, PEAC Pump and TBC will be held on the basketball court. Yoga classes will take place on the Turf field.
- > Tennis, Racquetball and Squash courts will be available and will follow the same reservation process.
- > The new regulations require that you "scan in" upon arrival and "scan out" upon your departure.
- > Upon your initial return you will be required to complete a General Understanding and Release.

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# MEMBER CODE OF CONDUCT

In accordance with the NJ Department of Health, all members are to agree to and abide by the following code of conduct for the safety of all.

- > Everyone **MUST** wear a face covering at all times while in PEAC.
- > If you are sick, experiencing symptoms of COVID-19, have shown any symptoms of illness in the last 48 hours, or have come in contact with someone who is experiencing symptoms, please do not come to PEAC.
- > Observe safe social distancing of at least 6 feet in all areas of the club.
- > When participating in a group classes, use floor decals to maintain safe social distance.
- > Practice good hygiene by frequently washing hands or using hand sanitizer.
- > Do not use equipment that has been marked 'out of use' to allow for social distancing.
- > Wipe down all equipment before and after use with disinfectant.

All of our guidelines have been put into place to ensure the safety of all of our members and employees. Failure to comply will result in your dismissal from the Club.

Please stay informed on the most up-to-date information by following our social media accounts and visiting our website - [www.peachealthfitness.com](http://www.peachealthfitness.com)

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## **COVID-19 SCREENING QUESTIONS**

If you can answer yes to any of these questions, we ask that you refrain from using the club.

- > Have you or anyone in the household been ill with fever, chills, cough or body aches in last 14 days?
- > Has anyone in your household traveled internationally in the last 14 days?
- > Has anyone in your household traveled to a location in the US where an increase of incidences of COVID-19 has been reported in the last 14 days? Locations are listed on the NJ Department of Health website under Travel Advisory.
- > Have you been told by a healthcare provider that you should self-quarantine due to potential COVID-19 exposure or you are suspected of having COVID-19??

**HAVE YOU COMPLETED THE PEAC COVID-19 RELEASE AGREEMENT?**

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